

Shamrock School of Irish Step Dance

Welcomes You to the

3rd Annual Twin Cities Féile



Saturday June 27, 2009

**SAINT PAUL RIVERCENTRE
EXHIBITION HALL A
175 WEST KELLOGG BOULEVARD
ST. PAUL, MINNESOTA**

**Packets Available Friday, June 26 from 6:00 p.m. to 8:00 p.m. and Saturday
June 27 at 7:30 a.m.**

**Music Competition check-in begins Friday, June 26 at 6:30 p.m.
Competition to start at 7:00 p.m.**

**Dance Competitions begin Saturday, June 27 at 8:30 a.m. with Figures
Check-in for Soda Bread and Irish Arts Saturday, June 27 by 10:00 a.m.**

Member of the North American Feis Commission,
Harry Costello, President

Sanctioned by An Coimisiun, Dublin, Ireland

NORTH AMERICAN FEIS COMMISSION

2009 DANCING AWARDS VENUES

Gerry Cambell Senior Belt

Etobicoke Feis, Etobicoke, Ontario Canada, June 13, 2009

Alternate:

Iowa State Feis, Dubuque, Iowa Oct 4, 2009

Robert Gabor Junior Trophy

St Catharines Feis, St Catharines, Ontario Canada, July 25, 2009

Alternate:

Samhain Feis, Vancouver, Washington, USA, October 24, 2009

George Sweetnam Minor Trophy

New Haven Feis, New Haven Connecticut, USA, June 28, 2009

Alternate:

Feis in the Falls, Niagara Falls, New York, USA August 8, 2009

LIMITED TO FIRST 750 ENTRIES

Register Online at:

www.feisworx.com

ENTRY DEADLINE: June 6, 2009

Or when limit is reached

Website: www.twincitiesfeile.com

**Food & Refreshments Available
Absolutely No Flash, Video, Digital photography allowed**

FIRST FEIS												
The First Feis level has been established for dancers who are competing in their very first Feis. Once a dancer competes in the First Feis Category, the dancer must move into Beginner 1 or Beginner 2.												
	GIRLS							BOYS				
	U5	U6	U7	U8	U9	U11	011	U5	U7	U9	U11	011
REEL	105RL	106RL	107RL	108RL	109RL	111RL	112RL	155RL	157RL	159RL	161RL	162RL
LIGHT JIG	105LJ	106LJ	107LJ	108LJ	109LJ	111LJ	112LJ	155LJ	157LJ	159LJ	161LJ	162LJ
SINGLE JIG	105SN	106SN	107SN	108SN	109SN	111SN	1121SN	155SN	157SN	159SN	161SN	162SN
SLIP JIG	105SJ	106SJ	107SJ	108SJ	109SJ	111SJ	112SJ					

BEGINNER 1													
All hard shoe dances at traditional speeds.													
A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1 st of the dancers second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: A Beginner 1 dancer who starts in September, may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.													
	GIRLS								BOYS				
	U5	U6	U7	U8	U9	U10	U12	012	U6	U8	U10	U12	012
REEL	205RL	206RL	207RL	208RL	209RL	210RL	212RL	213RL	256RL	258RL	260RL	262RL	263RL
LIGHT JIG	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	212LJ	213LJ	256LJ	258LJ	260LJ	262LJ	263LJ
SINGLE JIG	205SN	206SN	207SN	208SN	209SN	210SN	212SN	213SN	256SN	258SN	260SN	262SN	263SN
SLIP JIG	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	212SJ	212SJ					

BEGINNER 2														
All hard shoe dances will be at traditional speeds.														
A dancer who has been dancing for more than one year and who has not won a 1 st , 2 nd , or 3 rd in Beginner 2. A dancer who has won a 1 st , 2 nd , or 3 rd in a Beginner 2 dance must move into Novice in that dance no later than January 1 st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).														
	GIRLS									BOYS				
	U6	U7	U8	U9	U10	U11	U12	U13	013	U6	U8	U10	U12	012
REEL	306RL	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL	356RL	358RL	360RL	362RL	363RL
LIGHT JIG	306LJ	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ	356LJ	358LJ	360LJ	362LJ	363LJ
SINGLE JIG	306SN	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN	356SN	358SN	360SN	362SN	363SN
SLIP JIG	306SJ	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ					
TREBLE JIG	306TJ	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ	356TJ	358TJ	360TJ	362TJ	363TJ
HORNPIPE	306HP	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP	356HP	358HP	360HP	362HP	363HP
ST PATRICK DAY	306PD	307PD	308PD	309PD	310PD	311PD	312PD	313PD	314PD	356PD	358PD	360PD	362PD	363PD

NOVICE																
All hard shoe dances can be done at either traditional speed or slow speed.																
A dancer moves into Novice as a result of placing 1 st , 2 nd , or 3 rd in that dance as indicated above in Beginner 2. A dancer who wins a 1 st in Novice must move into Prizewinner in that dance no later than January 1 st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).																
	GIRLS										BOYS					
	U7	U8	U9	U10	U11	U12	U13	U14	U15	015	U7	U9	U11	U13	U15	015
REEL	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL	415RL	416RL	457RL	459RL	461RL	463RL	465RL	466RL
LIGHT JIG	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ	415LJ	416LJ	457LJ	459LJ	461LJ	463LJ	465LJ	466LJ
SINGLE JIG	407SN	408SN	409SN	410SN	411SN	412SN	413SN	414SN	415SN	416SN	457SN	459SN	461SN	463SN	465SN	466SN
SLIP JIG	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ	415SJ	416SJ						
TREBLE JIG	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ	415TJ	416TJ	457TJ	459TJ	461TJ	463TJ	465TJ	466TJ
HORNPIPE	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP	415HP	416HP	457HP	459HP	461HP	463HP	465HP	466HP
TRADITIONAL SET	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS	415TS	416TS	457TS	459TS	461TS	463TS	465TS	466TS

PRIZEWINNER																
All hard shoe dances can be done at either traditional speed or slow speed.																
A dancer moves into Prizewinner as a result of placing 1 st place as indicated in Novice.																
	GIRLS										BOYS					
	U7	U8	U9	U10	U11	U12	U13	U14	U15	015	U7	U9	U11	U13	U15	015
REEL	507RL	508RL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL	557RL	559RL	561RL	563RL	565RL	566RL
LIGHT JIG	507LJ	508LJ	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ	557LJ	559LJ	561LJ	563LJ	565LJ	566LJ
SLIP JIG	507SJ	508SJ	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ						
TREBLE JIG	507TJ	508TJ	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ	557TJ	559TJ	561TJ	563TJ	565TJ	566TJ
HORNPIPE	507HP	508HP	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP	557HP	559HP	561HP	563HP	565HP	566HP
TRADITIONAL SET	507TS	508TS	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS	557TS	559TS	561TS	563TS	565TS	566TS

PRELIMINARY CHAMPIONSHIPS										
A dancer who wins 1st place in each of the Open dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.										
Dancers will perform 48 bars of the reel or 40 bars of the slip-jig and 40 bars of the hornpipe or 48 bars of the treble jig.										
Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge different judges scores for light and heavy).										
	U9	U10	U11	U12	U13	U14	U15	U16	U17	017
Preliminary Championships	608PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIPS											
A dancer who wins two First Place awards in one calendar year will move to Open championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.											
Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.											
Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy and set) based on the scores of one judge (different for each round).											
# may be combined with the next higher age group.											
	GIRLS/LADIES						BOYS/MEN				
	U10	U12	U14	U16	U18#	018	U11	U13	U15	U17#	017
Championship	710OC	712OC	714OC	716OC	718OC	719OC	7610OC	763OC	765OC	767OC	768OC

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

ADULT			All hard shoe dances will be at traditional speeds.		
A dancer over the age of 18 who has not danced in the above described competition for a period of five years. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years.					
	BEGINNER 1 AND 2		NOVICE/PRIZEWINNER		
REEL	835RL		855RL		
LIGHT JIG	835LJ		855LJ		
SINGLE JIG	835SN		855SN		
SLIP JIG	835SJ		855SJ		
TRADITIONAL TREBLE JIG	835TJ		855TJ		
TRADITIONAL HORNPIPE	835HP		855HP		
TRADITIONAL SET	835TS		855TS		

FIGURE DANCING			
	2 HAND REEL	3 HAND REEL	4 HAND REEL/JIG
Under 7	921	931	941
Under 9	922	932	942
Under 11	923	933	943
Under 13	924	934	944
Under 15	925	935	945
Over 15	926	936	946

FIGURE DANCING	
	8-HAND CEILI DANCE
Under 13	981
13-16	982
Over 16	983
Adult	984

Figure Dancing: Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.

SPECIAL DANCES – Please note that the Special Dances below are excluded from the Family Dance Maximum.

TREBLE REEL SPECIAL				
Proceeds from this dance will be donated to the Susan G. Komen Breast Cancer Foundation. One step on right and left foot only.				
	GIRLS/BOYS			
	U11	U13	U15	015
NOVICE/OPEN	900TR	902TR	904TR	906TR
PC/C	901TR	903TR	905TR	907TR

NON-TRADITIONAL SET DANCE SPECIAL				
Limited to dancers qualified to compete in at least one Prizewinner/Open or PC Level Championship Competition.				
	GIRLS/BOYS			
	U11	U13	U15	015
	912	913	914	915

PARENT/CHILD SPECIAL FIGURE COMPETITION		
Reel or Jig 48 bars.		
	U12	012
	985	986

IRISH ARTS			
Must be checked in by 10am the day of the feis. Entries are limited to one traditional themed art/craft in any of the following categories: needlework, ceramics, painting, sculpture, metalwork, weaving, sketching, and photography.			
	U12	U18	018
	1680	1681	1682

SODA BREAD		
Must be checked in by 10am the day of the feis		
	U21	021
	1678	1679

MUSIC RULES

1. Only traditional music will be accepted.
2. Music classifications are: reels, jigs, (double, slip and single), hornpipe, airs, marches, and polkas.
3. Electronic or amplified instruments will not be permitted.
4. A tin whistle must have a metal body, a plastic tip, and only 6 holes.
5. A beginner is anyone who started playing a particular instrument after Jan. 1, 2006.
6. Beginners will play one piece from one of the above classifications.
7. Advanced competitors will play 2 pieces of contrasting tempo.
8. Competitors in Set Dance Music will play one set dance tune from the prescribed list, which is available upon request.
9. Recitation should be an Irish piece of prose or poetry (maximum 3 minutes) in English or Irish.
10. Duets must have two different instruments and play two pieces of contrasting tempo.
11. Trios must have at least two different instruments and play two pieces of contrasting tempo.
12. Instrumental groups shall have not less than 4 members and will play their choice of music for a maximum of 7 minutes.
13. Ceili Band A will play two pieces of contrasting tempo. Ceili Band B will play two reels in succession plus a maximum of two tunes in succession from among the other classifications.
14. Entrants may compete in only one category for each instrument.
15. Miscellaneous instruments may include any other acoustic instrument such as Harmonica, cello, dulcimer, viola, fife, pipes etc.

MUSIC COMPETITIONS					
Music competitors must check in by 7:00 p.m.					
	7 yrs And Under	9 yrs And Under	11 yrs And Under	13 yrs And Under	14 yrs And Over
<u>TIN WHISTLE</u>					
Beginner	1601	1602	1603	1604	1605
Advanced	1606	1607	1608	1609	1610
<u>FIDDLE</u>					
	10 yrs & Under		12 yrs & Under		13 yrs & over
Beginner	1611		1612		1613
Advanced	1614		1615		1616
<u>FLUTE</u>					
Beginner	1617		1618		1619
Advanced	1620		1621		1622
<u>BODHRAN</u>					
Beginner	1623		1624		1625
Advanced	1626		1627		1628
<u>BUTTON ACCORDIAN</u>					
Beginner			1629		1630
Advanced			1631		1632
<u>PIANO ACCORDION</u>					
Beginner	1633		1634		1635
Advanced	1636		1637		1638
<u>HARP</u>					
Beginner	1639		1640		1641
Advanced	1642		1643		1644
<u>CONCERTINA</u>					
Beginner			1645		1646
Advanced			1647		1648
<u>MISC. INSTRUMENT</u>					
Beginner			1649		1650
Advanced			1651		1652
<u>TRADITIONAL SET MUSIC</u>					
			1653		1654
<u>SINGING - IRISH</u>					
Beginner			1655		1656
Advanced			1657		1658
<u>SINGING - ENGLISH</u>					
Beginner			1659		1660
Advanced			1661		1662
<u>RECITATION</u>					
Following competitions to be submitted by teacher:					
<u>DUETS</u>			1665		1666
<u>TRIOS</u>			1667		1668
<u>INSTRUMENTAL GROUPS</u>			1669		1670
<u>CEILI BAND A</u>			1671		1672
<u>CEILI BAND B</u>			1673		1674

Any questions?
Contact the Feis Chairman
At wwpi@aol.com
or call 651-636-5086

Entry Fees:

Solo Competitions	\$ 9.00
Figure Competitions	\$ 9.00
PC Championship	\$40.00
Open Championship	\$43.00
Music Competitions	\$ 9.00
Soda Bread/Irish Art	\$ 8.00
Specials	\$ 8.50
Parent/Child Competition	\$11.00
Results – Online	\$ 5.00
Feis Event Fee	\$20.00

(Event Fee excludes specials, music competitions and the family maximum)

Maximum \$128 per family

Plus Additional Charges & Late Fees

Extra Programs	\$ 9.00
Late Fee--After June 6, 2008	\$ 20.00

Any competition changes the day of the feis are up to the discretion of the feis committee and may not be granted - if a change is granted there would be a \$10 change fee paid in cash.

DANCING COMPETITION RULES
Adopted By The North American Feis Commission, 2009
EFFECTIVE JANUARY 1, 2009

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in their own age group.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.
6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \$20 (Determined by the Feis).
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.
 - a) Dancers must qualify for open championship via the method now in place for preliminary championship,

- i.e. two 1st place wins.
- b) Dancers must compete in the preliminary championship competition in order to qualify for open championship
- c) The regional syllabus where the feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
15. Preliminary Championships are open to those who, at any NAFC recognized Feis:
- a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
- b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
- c) The regional syllabus where the feis is being held may have different qualifications for entry.
16. Championships and Preliminary Championships require at least three adjudicators.
17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the feis is being held may have different qualifications for entry.
18. The status of the dancer does not change unless there are five or more dancers in a competition.
19. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
20. Beginner Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.
- Advanced Beginner Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
21. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
22. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
23. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.

24. In matters pertaining to adjudication, the decision of the adjudicators is final.
25. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
26. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
27. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
28. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.

A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.

Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
29. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
30. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
31. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
32. Each feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries. One third of which are to be from outside the region where the Feis is being held.
33. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.

Additional Rules for the Mid-America Region (Effective as of 2006)

34. Traditional Set Dances are limited to those dances determined by An Coimisiun le Rince Gaelacha as traditional set dances.
35. Boys and Girls CANNOT be combined in regular competitions (First Feis through Open/Prizewinner).
36. Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category.

Rules Specific to the Twin Cities Feile

37. Feis Committee has the option of combining competitions as necessary.
38. If the number of dancers in a competition exceeds 26, it may be split.
39. ABSOLUTELY NO REFUNDS.
40. At the discretion of the Feis Committee, stage assignments may change, announcements will be made on the public address system. It is the competitor's responsibility to report to the proper stage.

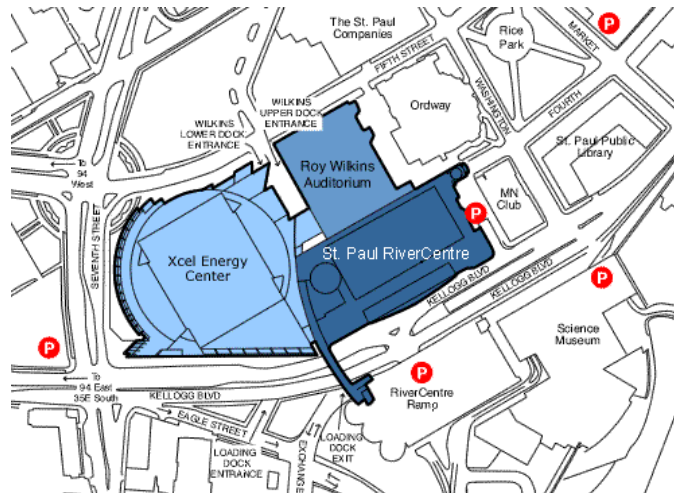
41. Camping is permitted in designated areas only.
42. Food services will be provided at the Feis. Outside food & beverages will not be allowed inside the building.
43. Competitors must be at their assigned stage ready to compete when their competitions are ready or announced. A competitor may be eliminated from a competition for reporting late. Competitions will be closed when no more competitors are at the stage ready to compete. No competition shall be reopened except on the sole direction of the Feis Coordinators.
44. Parents not accompanying dancers under age 18 are encouraged to provide their child(ren)'s chaperones with signed medical authorizations.
45. Competitions will be danced two-at-a-time unless directed otherwise by the Feis Officers, who have sole authority on this matter.
46. All medals must be picked up on the day of the Feis. Only awards omitted in error by the Feis committee will be mailed. You must have your dancer's number card to claim your awards. **NO EXCEPTIONS!**
47. Any outstanding payment problem will prevent the dancer(s) from dancing in this year's Feis and entering in 2010.

Twin Cities Féile Location Downtown St. Paul



SAINT PAUL RIVERCENTRE
175 Kellogg Boulevard
St. Paul, Minnesota 55012

<http://www.rivercentre.org/parking/index.asp>



ACCOMODATIONS

Holiday Inn St. Paul RiverCentre

175 W. 7th Street
 St. Paul, MN 55102
 651-225-1515 or 1-888-465-4329

www.holidayinn.com

Conveniently located across the street from the RiverCentre
 Feis rate: \$129 (single), \$139 (double), \$149 (quad) per night + tax and \$14 per day parking fee.

To receive this feis rate, call the hotel directly and ask for "Twin Cities Féile Irish Dance Competition" rate

Feis rate will be honored until May 26, 2009

Crowne Plaza St. Paul Riverfront

11 East Kellogg Boulevard
 St. Paul, MN 55101
 651-292-1900 or 1-800-593-5708

www.crowneplaza.com

Conveniently located just blocks from the RiverCentre
 Feis rate: \$129 per night + tax and \$14 per day parking fee.

To receive this feis rate, call the hotel directly and ask for "Twin Cities Féile Irish Dance Competition" rate

Feis rate will be honored until May 30, 2009

***Please note, Twin Cities Féile does not endorse ANY of the hotels listed here. This list is provided strictly as a benefit to you. These hotels are in no way associated with the Feis. There are many hotels that you could check out if you are looking for other options: <http://www.hotels.com>**