

Shamrock School of Irish Step Dance

Welcomes You to the

10th Annual Twin Cities Féile



Saturday, June 18, 2016

**SAINT PAUL RIVERCENTRE
ROY WILKENS AUDITORIUM
175 WEST KELLOGG BOULEVARD
ST. PAUL, MINNESOTA**

Drive Up Registration: Packets Available Friday, June 17 from 6:00 p.m. to 8:00 p.m. and Saturday June 18 at 7:30 a.m. at the RiverCenter check in.

Music Competition check-in begins Friday, June 17 at 6:30 p.m., Competition to start at 7:00 p.m. at the St. Paul Hotel

Dance Competitions begin Saturday, June 18 at 8:30 a.m. with Figures

Check-in for Soda Bread and Irish Arts Saturday, June 18 by 10:00 a.m.

JERRY CAMPBELL SENIOR BELT
ROBERT GABOR JUNIOR TROPHY
GEORGE SWEETNAM MINOR TROPHY
Arizona - Grand Resort - Phoenix, AZ – Jan 16

U15 - Edward Calahan Music Scholarship
Catskill Mountain Feis – Aug 6

15 and over - James Brennan Music Scholarship
Montreal Feis – May 26

Food & Refreshments Available
Absolutely No Flash, Video, Digital photography
allowed

ANNUAL MAY KIRMER-BUCKLEY CHAMPIONSHIP / ANNUAL DANCE-OFF

May Kirmer-Buckley, from Dublin, Ireland, had a long established career in tap & ballet, chorus line, and Irish Dance and also danced as a Royalette at the Theater Royal in Dublin. May came to the United States as a war-bride and started her own dance school. Rachel (Kirmer) Knutson followed in her mother's footsteps and continued her Irish Dance career by becoming a T.C.R.G. and owner of the Shamrock School of Irish Step Dance.

The Annual Award and the Annual Dance-Off for the May Buckley Perpetual Trophy, featuring the winner from each Championship event (PC and OC), will follow the last event awards on the Championship Stage. Each Dancer will dance two steps of their choice of either treble jig or hornpipe. Top score dancer will receive their name on the perpetual trophy, sash and an award to take home.

ANNUAL MOST PROMISING DANCER AWARD /FIRST FEIS RECOGNITION

Awarded at the judges' discretion for the most promising dancer in the 2nd beginner category – Awarded either at lunch or end of day. First Feis competition recognition awarded during opening ceremony awards.

LIMITED TO FIRST 750 ENTRIES

Register Online at:



www.feisworx.com

**ENTRY DEADLINE: June 3, 2016–
Close Date June 13, 2016**

Website: www.twincitiesfeile.com

FIRST FEIS

The First Feis level has been established for dancers who are competing in their very First Feis. Once a dancer competes in the First Feis category, the dancer must move into Beginner 1 or Beginner 2.

| | GIRLS | | | | | | | | | BOYS | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------|-------|-------|--|-------|-------|-------|-------|-------|-------|-------|-------|
| | U5 | U6 | U7 | U8 | U9 | U10 | U11 | O11 | | U5 | U6 | U7 | U8 | U9 | U10 | U11 | O11 |
| REEL | 105RL | 106RL | 107RL | 108RL | 109RL | 110RL | 111RL | 112RL | | 155RL | 156RL | 157RL | 158RL | 159RL | 160RL | 161RL | 162RL |
| LIGHT JIG | 105LJ | 106LJ | 107LJ | 108LJ | 109LJ | 110LJ | 111LJ | 112LJ | | 155LJ | 156LJ | 157LJ | 158LJ | 159LJ | 160LJ | 161LJ | 162LJ |
| SINGLE JIG* | 105SN | 106SN | 107SN | 108SN | 109SN | 110SN | 111SN | 112SN | | 155SN | 156SN | 157SN | 158SN | 159SN | 160SN | 161SN | 162SN |
| SLIP JIG | 105SJ | 106SJ | 107SJ | 108SJ | 109SJ | 110SJ | 111SJ | 112SJ | | | | | | | | | |

BEGINNER 1 (BEGINNER) All hard shoe dances at traditional speeds.

A dancer who has been dancing for less than one year. A Beginner 1 must move to Beginner 2 no later than January 1st of the dancers second year of instruction, or may move to Beginner 2 earlier with teacher's permission and provided that the Feis has not closed to changes. Note: A Beginner 1 dancer who starts in September may continue as a Beginner 1 until December of the following year (16 months) before moving into Beginner 2.

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | |
|-------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|--|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| | U5 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | O12 | | U5 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | O12 |
| REEL | 205R L | 206R L | 207R L | 208R L | 209R L | 210R L | 211R L | 212R L | 213R L | | 255R L | 256R L | 257R L | 258R L | 259R L | 260R L | 261R L | 262R L | 263R L |
| LIGHT JIG | 205LJ | 206LJ | 207LJ | 208LJ | 209LJ | 210LJ | 211LJ | 212LJ | 213LJ | | 255LJ | 256LJ | 257LJ | 258LJ | 259LJ | 260LJ | 261LJ | 262LJ | 263LJ |
| SINGLE JIG* | 205SN | 206SN | 207SN | 208SN | 209SN | 210SN | 211SN | 212SN | 213SN | | 255SN | 256SN | 257SN | 258SN | 259SN | 260SN | 261SN | 262SN | 263SN |
| SLIP JIG | 205SJ | 206SJ | 207SJ | 208SJ | 209SJ | 210SJ | 211SJ | 212SJ | 213SJ | | | | | | | | | | |

BEGINNER 2 (ADVANCED BEGINNER) All hard shoe dances at traditional speeds.

A dancer who has been dancing for no more than one year and who has not won a 1st, 2nd, or 3rd in Beginner 2. A dancer who has won a 1st, 2nd, or 3rd in a Beginner 2 dance must move into Novice in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | | |
|----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|
| | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 | | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | O13 | |
| REEL | 306RL | 307RL | 308RL | 309RL | 310RL | 311RL | 312RL | 313RL | 314RL | | 356RL | 357RL | 358RL | 359RL | 360RL | 361RL | 362RL | 363RL | 364RL | |
| LIGHT JIG | 306LJ | 307LJ | 308LJ | 309LJ | 310LJ | 311LJ | 312LJ | 313LJ | 314LJ | | 356LJ | 357LJ | 358LJ | 359LJ | 360LJ | 361LJ | 362LJ | 363LJ | 364LJ | |
| SINGLE JIG* | 306SN | 307SN | 308SN | 309SN | 310SN | 311SN | 312SN | 313SN | 314SN | | 356SN | 357SN | 358SN | 359SN | 360SN | 361SN | 362SN | 363SN | 364SN | |
| SLIP JIG | 306SJ | 307SJ | 308SJ | 309SJ | 310SJ | 311SJ | 312SJ | 313SJ | 314SJ | | | | | | | | | | | |
| TREBLE JIG | 306TJ | 307TJ | 308TJ | 309TJ | 310TJ | 311TJ | 312TJ | 313TJ | 314TJ | | 356TJ | 357TJ | 358TJ | 359TJ | 360TJ | 361TJ | 362TJ | 363TJ | 364TJ | |
| HORNSPIPE | 306HP | 307HP | 308HP | 309HP | 310HP | 311HP | 312HP | 313HP | 314HP | | 356HP | 357HP | 358HP | 359HP | 360HP | 361HP | 362HP | 363HP | 364HP | |
| ST PATRICK DAY | 306PD | 307PD | 308PD | 309PD | 310PD | 311PD | 312PD | 313PD | 314PD | | 356PD | 357PD | 358PD | 359PD | 360PD | 361PD | 362PD | 363PD | 364PD | |

NOVICE All hard shoes dances can be done at either traditional speed or slow speed.

A dancer moves into Novice as a result of placing 1st, 2nd, or 3rd in that dance as indicated in Beginner 2. A dancer who wins 1st in a Novice dance must move into Prizewinner in that dance no later than January 1st of the next calendar year or with teacher's permission as soon as the next Feis (if said Feis has not closed to changes).

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | | |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 |
| REEL | 407RL | 408RL | 409RL | 410RL | 411RL | 412RL | 413RL | 414RL | 415RL | 416RL | 457RL | 458RL | 459RL | 460RL | 461RL | 462RL | 463RL | 464RL | 465RL | 466RL |
| LIGHT JIG | 407LJ | 408LJ | 409LJ | 410LJ | 411LJ | 412LJ | 413LJ | 414LJ | 415LJ | 416LJ | 457LJ | 458LJ | 459LJ | 460LJ | 461LJ | 462LJ | 463LJ | 464LJ | 465LJ | 466LJ |
| SINGLE JIG* | 407SN | 408SN | 409SN | 410SN | 411SN | 412SN | 413SN | 414SN | 415SN | 416SN | 457SN | 458SN | 459SN | 460SN | 461SN | 462SN | 463SN | 464SN | 465SN | 466SN |
| SLIP JIG | 407SJ | 408SJ | 409SJ | 410SJ | 411SJ | 412SJ | 413SJ | 414SJ | 415SJ | 416SJ | | | | | | | | | | |
| TREBLE JIG | 407TJ | 408TJ | 409TJ | 410TJ | 411TJ | 412TJ | 413TJ | 414TJ | 415TJ | 416TJ | 457TJ | 458TJ | 459TJ | 460TJ | 461TJ | 462TJ | 463TJ | 464TJ | 465TJ | 466TJ |
| HORNSPIPE | 407HP | 408HP | 409HP | 410HP | 411HP | 412HP | 413HP | 414HP | 415HP | 416HP | 457HP | 458HP | 459HP | 460HP | 461HP | 462HP | 463HP | 464HP | 465HP | 466HP |
| TRADITIONAL SET | 407TS | 408TS | 409TS | 410TS | 411TS | 412TS | 413TS | 414TS | 415TS | 416TS | 457TS | 458TS | 459TS | 460TS | 461TS | 462TS | 463TS | 464TS | 465TS | 466TS |

PRIZE WINNER All hard shoes dances can be done at either traditional speed or slow speed.

A dancer moves into Prizewinner as a result of placing 1st as indicated in Novice.

| | GIRLS | | | | | | | | | | BOYS | | | | | | | | | |
|-------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | O15 |
| REEL | 507RL | 508RL | 509RL | 510RL | 511RL | 512RL | 513RL | 514RL | 515RL | 516RL | 557RL | 558RL | 559RL | 560RL | 561RL | 562RL | 563RL | 564RL | 565RL | 566RL |
| LIGHT JIG | 507LJ | 508LJ | 509LJ | 510LJ | 511LJ | 512LJ | 513LJ | 514LJ | 515LJ | 516LJ | 557LJ | 558LJ | 559LJ | 560LJ | 561LJ | 562LJ | 563LJ | 564LJ | 565LJ | 566LJ |
| SINGLE JIG* | 507SN | 508SN | 509SN | 510SN | 511SN | 512SN | 513SN | 514SN | 515SN | 516SN | 557SN | 558SN | 559SN | 560SN | 561SN | 562SN | 563SN | 564SN | 565SN | 566SN |

| | | | | | | | | | | | | | | | | | | | | | |
|------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| SLIP JIG | 507SJ | 508SJ | 509SJ | 510SJ | 511SJ | 512SJ | 513SJ | 514SJ | 515SJ | 516SJ | | | | | | | | | | | |
| TREBLE JIG | 507TJ | 508TJ | 509TJ | 510TJ | 511TJ | 512TJ | 513TJ | 514TJ | 515TJ | 516TJ | 557TJ | 558TJ | 559TJ | 560TJ | 561TJ | 562TJ | 563TJ | 564TJ | 565TJ | 566TJ | 567TJ |
| HORNSPIPE | 507HP | 508HP | 509HP | 510HP | 511HP | 512HP | 513HP | 514HP | 515HP | 516HP | 557HP | 558HP | 559HP | 560HP | 561HP | 562HP | 563HP | 564HP | 565HP | 566HP | 567HP |
| TRADITIONAL SET | 507TS | 508TS | 509TS | 510TS | 511TS | 512TS | 513TS | 514TS | 515TS | 516TS | 557TS | 558TS | 559TS | 560TS | 561TS | 562TS | 563TS | 564TS | 565TS | 566TS | 567TS |

PRELIMINARY CHAMPIONSHIPS

A dancer who wins 1st place in each of the Open dances (reel, slip-jig, treble jig, and hornpipe) can move into Preliminary Championships with teacher's permission. Boys and Girls will compete against each other, however if there are at least 5 boys entered, the boys will be moved into a separate competition. In cases where a Feis elects to split a competition due to a large entry, the split must be done by birth date age in the same manner as the North American Championships.

Dancers will perform 48 bars of the reel or 40 bars of the slip-jig **and** 40 bars of the hornpipe or 48 bars of the treble jig.

Preliminary Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light and heavy round) based on the scores of one judge (different judges scores for light and heavy).

| | U9 | U10 | U11 | U12 | U13 | U14 | U15 | U16 | U17 | O17 |
|---|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Preliminary Championship | 609PC | 610PC | 611PC | 612PC | 613PC | 614PC | 615PC | 616PC | 617PC | 618PC |
| Set Dance * Excluded from Family Max | 609SD | 610SD | 611SD | 612SD | 613SD | 614SD | 615SD | 616SD | 617SD | 618SD |
| Treble Reel * Excluded from Family Max | 610TR | | 612TR | | 614TR | | 616TR | | 618TR | |

OPEN CHAMPIONSHIPS

A dancer who wins two First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. Placing in a Regional or National Oireachtas does not change the status of a competitor.

Dancers will perform: 48 bars of reel or 40 bars of slip-jig, 40 bars of the hornpipe or 48 bars of the treble jig, and a Set Dance. A Feis may elect to have a recall of 50% of the competitors for the set-dance round if there are over 20 dancers in the competition.

Open Championship will be judged and scored by all 3 judges. In addition, awards will also be posted for each solo round (light, heavy, and set) based on the scores of one judge (different for each round).

| | GIRLS / LADIES | | | | | | BOYS / MEN | | | | |
|---|----------------|-------|-------|-------|-------|-------|------------|-------|-------|-------|-------|
| | U10 | U12 | U14 | U16 | U18 | O18 | U11 | U13 | U15 | U17 | O17 |
| Championship | 710OC | 712OC | 714OC | 716OC | 718OC | 719OC | 761OC | 763OC | 765OC | 767OC | 768OC |
| Treble Reel * Excluded from Family Max | 710TR | 712TR | 714TR | 716TR | 718TR | 719TR | 761TR | 763TR | 765TR | 767TR | 768TR |

NOTE: A dancer who has not received a legitimate placing (sufficient competitors within the normal placing scale) along with a dancer who has not placed in Open Championships for two consecutive years, may return to their previous competition level. For example, an Open Championship dancer that does not place in two consecutive years may return to Preliminary Championships, the same as a Preliminary dancer who does not place can return to Prizewinner.

| ADULT | Beginner 1 & 2 hard shoe dances will be at traditional speeds. Novice /Prizewinner hard shoe dances can be done at either traditional or slow speeds. | |
|---|---|--------------------|
| A dancer over the age of 18 who has not danced in the above described competitions for a period of five years. Dancers who are in the Adult categories cannot enter any competition other than Adult specified competitions. A dancer who wishes to return to any category other than Adult must remain out of Adult competitions until they retire from dancing for five consecutive years. | | |
| | BEGINNER 1 AND 2 | NOVICE/PRIZEWINNER |
| REEL | 835RL | 855RL |
| LIGHT JIG | 835LJ | 855LJ |
| SINGLE JIG * | 835SN | 855SN |
| SLIP JIG | 835SJ | 855SJ |
| TREBLE JIG | 835TJ | 855TJ |
| HORNSPIPE | 835HP | 855HP |
| TRADITIONAL SET * | 835TS | 855TS |

| FIGURE DANCING | | | |
|----------------|-------------|-------------|-----------------|
| | 2 HAND REEL | 3 HAND REEL | 4 HAND REEL/JIG |
| Under 7 | 921* | 931 | 941 |
| Under 9 | 922* | 932 | 942 |
| Under 11 | 923* | 933 | 943 |
| Under 13 | 924* | 934 | 944 |
| Under 15 | 925* | 935 | 945 |
| Over 15 | 926 | 936 | 946 |

- There are no restrictions on figure age groups. (Effective December 2014)
- Figure age groups will be determined by the oldest dancer. (Effective December 2014).
- Ceili teams (8 hands) are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules.

| CEILI DANCING * | |
|---|--------------|
| For all feiseanna held from Jan 1 – June 30 | 8 HAND CEILI |
| Under 9 | 981* |
| Under 11 | 982* |
| Under 13 | 983* |
| Under 16 | 984* |
| Over 16 | 985* |
| Adult | 986* |

| CEILI DANCING * | |
|---|--------------|
| For all feiseanna held from July 1 – Dec 31 | 8 HAND CEILI |
| Under 8 | 981* |
| Under 10 | 982* |
| Under 12 | 983* |
| Under 15 | 984* |
| Over 15 | 985* |
| Adult | 986* |

- *** Optional competition at Feis discretion.**
- Feiseanna are encouraged to add additional cultural, family, and dance competitions at their discretion, in addition to the one non-dancing competition required by the North American Feis Commission.

CHAMPIONSHIP DANCE-OFF - #908

THE ANNUAL AWARD MAY BUCKLEY PERPETUAL TROPHY DANCE-OFF
 The Annual Dance-Off for the May Kirmer-Buckley Perpetual Trophy, featuring the winner from each Championship event (PC and OC), will follow the last event awards on the Championship Stage. Each Dancer will dance their choice of either treble jig or hornpipe (two steps R & L). Top score dancer will receive their name on the perpetual trophy, sash and an award to take home.

SPECIAL DANCES – Please note that the Special Dances below are excluded from the Family Dance Maximum.

| HORNPIPE SPECIAL – 1 Step Only | | | | |
|---|------------|-----|-----|-----|
| Limited to dancers qualified to compete in Novice or Prizewinner Level. | | | | |
| | GIRLS/BOYS | | | |
| | U11 | U13 | U15 | 015 |
| | 916 | 917 | 918 | 919 |

IRISH ARTS

Must be checked in by 10am the day of the feis. Entries are limited to one traditional themed art/craft in any of the following categories: needlework, ceramics, painting, sculpture, metalwork, weaving, sketching, and photography.

| | U12 | U18 | O18 |
|--|------------|------------|------------|
| | 1680 | 1681 | 1682 |

SODA BREAD

Must be checked in by 10am the day of the feis

| | U21 | O21 |
|--|------------|------------|
| | 1678 | 1679 |

MUSIC RULES

- Only traditional music will be accepted.
- Music classifications are: reels, jigs, (double, slip and single), hornpipe, airs, marches, and polkas.
- Electronic or amplified instruments will not be permitted.
- A tin whistle must have a metal body, a plastic tip, and only 6 holes
- A beginner is anyone who started playing a particular instrument after Jan. 1, 2014.
- Beginners will play one piece from one of the above classifications.
- Advanced competitors will play 2 pieces of contrasting tempo.
- Competitors in Set Dance Music will play one set dance tune from the prescribed list, which is available upon request.
- Recitation should be an Irish piece of prose or poetry (maximum 3 minutes) in English or Irish.
- Duets must have two different instruments and play two pieces of contrasting tempo.
- Trios must have at least two different instruments and play two pieces of contrasting tempo.
- Instrumental groups shall have not less than 4 members and will play their choice of music for a maximum of 7 minutes.
- Ceili Band A will play two pieces of contrasting tempo. Ceili Band B will play two reels in succession plus a maximum of two tunes in succession from among the other classifications.
- Entrants may compete in only one category for each instrument.
- Miscellaneous instruments may include any other acoustic instrument such as Harmonica, cello, dulcimer, viola, fife, pipes etc.

MUSIC COMPETITIONS

Music competitors must check in by 6:30 p.m.

| | 7 yrs And Under | 9 yrs And Under | 11 yrs And Under | 13 yrs And Under | 14 yrs And Over |
|--|--------------------------------|--------------------------------|---------------------------------|---------------------------------|--------------------------------|
| TIN WHISTLE | | | | | |
| Beginner | 1601 | 1602 | 1603 | 1604 | 1605 |
| Advanced | 1606 | 1607 | 1608 | 1609 | 1610 |
| FIDDLE | | | | | |
| | 10 yrs & Under | 12 yrs & Under | 13 yrs & over | | |
| Beginner | 1611 | 1612 | 1613 | | |
| Advanced | 1614 | 1615 | 1616 | | |
| FLUTE | | | | | |
| Beginner | 1617 | 1618 | 1619 | | |
| Advanced | 1620 | 1621 | 1622 | | |
| BODHRAN | | | | | |
| Beginner | 1623 | 1624 | 1625 | | |
| Advanced | 1626 | 1627 | 1628 | | |
| BUTTON ACCORDIAN | | | | | |
| Beginner | | 1629 | 1630 | | |
| Advanced | | 1631 | 1632 | | |
| PIANO ACCORDION | | | | | |
| Beginner | 1633 | 1634 | 1635 | | |
| Advanced | 1636 | 1637 | 1638 | | |
| HARP | | | | | |
| Beginner | 1639 | 1640 | 1641 | | |
| Advanced | 1642 | 1643 | 1644 | | |
| CONCERTINA | | | | | |
| Beginner | | 1645 | 1646 | | |
| Advanced | | 1647 | 1648 | | |
| MISC. INSTRUMENT | | | | | |
| Beginner | | 1649 | 1650 | | |
| Advanced | | 1651 | 1652 | | |
| TRADITIONAL SET MUSIC | | | | | |
| | | 1653 | 1654 | | |
| SINGING - IRISH | | | | | |
| Beginner | | 1655 | 1656 | | |
| Advanced | | 1657 | 1658 | | |
| SINGING - ENGLISH | | | | | |
| Beginner | | 1659 | 1660 | | |
| Advanced | | 1661 | 1662 | | |
| RECITATION | | | | | |
| Following competitions to be submitted by teacher: | | | | | |
| DUETS | | 1665 | 1666 | | |
| TRIOS | | 1667 | 1668 | | |
| INSTRUMENTAL GROUPS | | 1669 | 1670 | | |
| CEILI BAND A | | 1671 | 1672 | | |
| CEILI BAND B | | 1673 | 1674 | | |

Any questions?

Contact the Feis Chairman

Rachel Knutson, TCRG –

rjones2112@aol.com

Or Registration Chairman –

Helen Wilke – wwpi@aol.com

Entry Fees:

| | |
|----------------------|----------|
| Solo Competitions | \$ 12.00 |
| Figure Competitions | \$ 10.00 |
| PC Championship | \$ 40.00 |
| Open Championship | \$ 45.00 |
| Music Competitions | \$ 10.00 |
| Soda Bread/Irish Art | \$ 8.00 |
| Specials | \$ 10.00 |
| Results – Online | \$ 7.00 |
| Feis Event Fee | \$ 23.00 |

(Event Fee excludes specials, music competitions and the family maximum)

Maximum \$130 per family

Plus Additional Charges & Late Fees

Late Fee–After **June 3**, 2016 \$ 20.00

Entry Close Date: **June 13**, 2016

Any competition changes the day of the feis are up to the discretion of the feis committee and may not be granted - if a change is granted there would be a \$10 change fee paid in cash.

**Mid-America
Standardized Syllabus
for December 1, 2015 –November 30, 2016**

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.
3. A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event)
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - (a) Must compete in their own age group.
 - (b) Must be prepared to perform two steps in each event.
 - (c) Cannot change competition on the day of the Feis.

With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.

6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships. Use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$25.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so may result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee as determined by the Feis.
13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of soft shoe, hard shoe, and set dance. Entrants cannot change competition or category on the day of the competition.
 - (a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.
 - (b) Dancers must compete in the preliminary championship competition in order to qualify for open championship

- (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA. Competitions may be combined with the next higher age group if there are less than 5 competitors entered. Competitions can only be combined up (or down) one age group.
15. Boys and girls CANNOT be combined EXCEPT according to the following:
- (a) All boys competitions below Preliminary Championships shall be initially entered in single year age groups;
 - (b) If there are less than 5 entries in any one age group, combination of the competitions shall be done according to the following rules, in order of preferential application:
 - (1) Into double age groups, all boy or all girl; and
 - (2) If a double age group does not create 5 or more entries, the boys shall instead be combined into the corresponding single year girls' age group; and
 - (3) Any competitions so combined shall be run as a single competition.
16. Preliminary Championships are open to those who, at any NAFC recognized Feis:
- (a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
 - (b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.
 - (c) The regional syllabus where the Feis is being held may have different qualifications for entry.
17. Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
19. The status of the dancer does not change unless there are five or more dancers in a competition.
20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered. (See Rule 14, above). Competitors have the option to remain in the same category for the remainder of the Feis year. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category. [except as outlined in Rule 18, above].
21. Grade Levels:
- Beginner 1 (Beginner) Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year.
- Beginner 2 (Advanced Beginner) Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.
- Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.
- Open Grade (Prizewinner):** A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - There are no restrictions on figure age groups. (Effective December 2014)
 - Figure age groups will be determined by the oldest dancer. (Effective December 2014).
 - 8 hand teams are allowed to repeat dancers at all Mid-West feisanna in accordance with the world and regional Oireachtas rules.
25. In matters pertaining to adjudication, the decision of the adjudicators is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction
29. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
30. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
31. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close on entries, one-third of which are to be from outside the region where the Feis is being held.
34. Competitors in girl's competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt and blouse.
35. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
36. In order to compete in Mid-America feiseanna, dancers from the youngest age group up to and including Under 9 in all categories must follow our regional guidelines for U8 and U9 costume rules. **This will go into effect January 2015.**

Effective January 2015, at all Mid-America region feiseanna, boys and girls competing in age groups up to and including Under 9 must follow the costume rule as stated:

MID-AMERICA REGION COSTUME RULE

- Dresses may be one piece or two pieces.
- No animal prints.
- No low cut necklines.
- No decorations including rhinestones or sequins of any kind.
- No reflective fabric (this does not include satin).
- No embellishments.
- Base material and appliqué materials must be solid colors.
(No plaids, stripes, patterns, flowers or reflective materials, etc).
- Any embroidery and appliqué used on the dress must be of a traditional nature.
- Length must comply with An Coimisiun.
- No jewelry.
- Plain satin bows in the hair are allowed but bows may not be attached to the dress or used for a cape.
- Plain colored satins that do not include sequins, glitter, or crystals are permitted.
- Buckles are allowed on shoes that do not include rhinestones.
- All current school costumes are grandfathered into the rule regardless of threads or materials. All rhinestones would need to be removed. (Jan 2012)
- The costume rule applies to class costumes worn for solo competitions.
- All of the above applies to headpieces, socks and shoes.
- This rule applies for Boy and Girl Solo Championships and Traditional Set competitions at the Mid-America Oireachtas.
- The above Under 8 Rule was approved to include the Under 9 age group (Jan 2012).

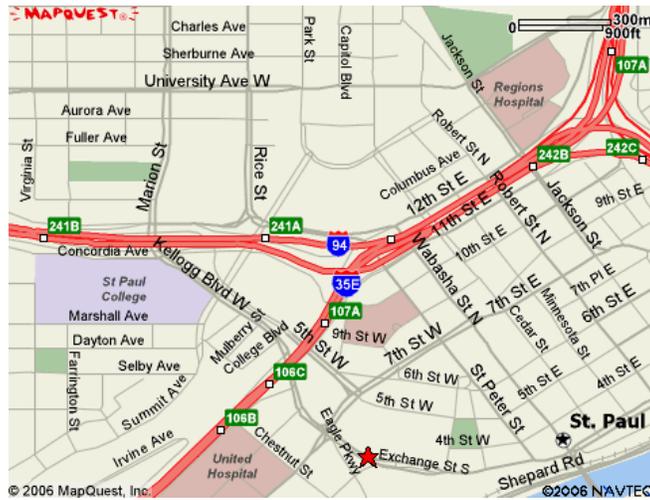
The consequence for not following the Mid-America Region costume rule is as follows:

- The dancer will not be allowed to dance in a costume that is in violation of the rule but will be permitted to dance wearing an alternative costume that adheres to the rule.

Rules Specific to the Twin Cities Feile

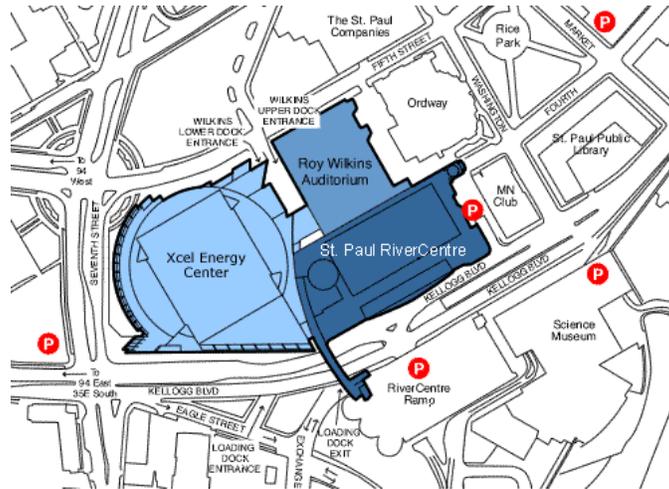
1. ABSOLUTELY NO REFUNDS.
2. At the discretion of the Feis Committee, stage assignments may change, announcements will be made on the public address system. It is the competitor's responsibility to report to the proper stage.
3. Camping is permitted in designated areas only.
4. Food services will be provided at the Feis. Outside food & beverages will not be allowed inside the building.
5. Competitors must be at their assigned stage ready to compete when their competitions are ready or announced. A competitor may be eliminated from a competition for reporting late. Competitions will be closed when no more competitors are at the stage ready to compete. No competition shall be reopened except on the sole direction of the Feis Coordinators.
6. Parents not accompanying dancers under age 18 are encouraged to provide their child(ren)'s chaperones with signed medical authorizations.
7. Competitions will be danced two-at-a-time or three-at-a-time unless directed otherwise by the Feis Officers/Adjudicators, who have sole authority on this matter.
8. All medals must be picked up on the day of the Feis. Only awards omitted in error by the Feis committee will be mailed. You must have your dancer's number card to claim your awards. NO EXCEPTIONS!
9. Any outstanding payment problem will prevent the dancer(s) from dancing in this year's Feis and entering in 2017.
10. No Flash Photography or Videotaping during Dancing/Competing on stage.

Twin Cities Féile Location Downtown St. Paul



SAINT PAUL RIVERCENTRE
175 Kellogg Boulevard
St. Paul, Minnesota 55012

<http://www.rivercentre.org/parking/index.asp>



ACCOMODATIONS

Holiday Inn St. Paul RiverCentre

175 W. 7th Street
St. Paul, MN 55102
651-225-1515 or 1-888-465-4329
www.holidayinn.com

Conveniently located across the street from the RiverCentre

*Please note, Twin Cities Féile does not endorse ANY hotel listed here. This list is provided strictly as a benefit to you. The hotel is in no way associated with the Feis. There are many hotels that you could check out if you are looking for other options: <http://www.hotels.com>